
Subject: Employee Hygiene Practices (In the Kitchen)
Source: Early Head start Performance Standard 1304.22

POLICY

Staff will practice good hygiene to ensure the health and safety of all Early Head Start children.

PROCEDURES

1. Kitchen staff will dress in clean skirts or pants and use hats or other appropriate hair restraints to prevent contamination of food.
2. Clothing and shoes will be free of rips or holes and in good condition
3. Kitchen staff and direct care staff will provide their own hair restraints
4. All staff must wear sturdy, closed-toe, low heeled shoes to minimize slips, falls, burns and cuts.
5. All staff will limit the amount of jewelry worn on the fingers and forearms to plain wedding band, medical bracelet or plain watchband. Jewelry can hide food particles and microorganisms that can cause people to become sick.
6. All staff will be sure to keep fingernails short and to scrub underneath their fingernails when washing their hands.
7. Staff may drink from a clean, closed beverage container with a handle or straw while at work. The container must be stored in a separate place away from food, utensils and equipment and out of the reach and site of all children.